UC Santa Cruz Arboretum & Botanic Garden Presents

Plant Based Salves Workshop
Saturday July 28, 2018 10am to 1pm

Learn the process of making salve by infusing oil with herbs and adding beeswax. We will talk about how to use abundant local plant species and various methods of preparation depending on the plants and type of oil used. Walking around the Arboretum and surrounding lands, we will discuss how we can use plants that grow around us for specific healing purposes. Everyone will take home 2 ounces of the two types of salves we create together and gain a deeper understanding of using plants as medicines, identifying wild plants, and making herbal remedies.

Ages 12 and up
$45 (members), $55 (non-members)
+ $10 materials
Class limited to 15

Burl Wood is an herbalist, weaver, artist, and musician living in Santa Cruz. She studied traditional Western clinical herbalism at the Motherland Botanical Sanctuary at the Philo School of Herbal Energetics, and at the California School of Herbal Studies. She maintains an herbal apothecary and small clinical practice in downtown Santa Cruz. Her website is https://apocalypticherbs.com/.

Elena Staley is an interdisciplinary artist, naturalist, and community organizer who grew up in Coast Miwok territory of the Bay Area. She studies land tending, stewardship, and forestry techniques. Elena currently works doing oak tree restoration and teaching in Santa Cruz and the greater Bay Area.

Nicole Wong was drawn to the wild lands of Santa Cruz where she came to attend UCSC in 2003. Her exploration of her curiosity led her to study plants at the Northeast School of Botanical Medicine. She helped begin Stone Cabin Collective which runs an herbal clinic on the Diné (Navajo reservation). She runs a small herbal medicine business called Braided Relations Botanicals. She currently lives and makes medicine in the Santa Cruz mountains.

 Reserve your space at
https://arboretum.ucsc.edu/news-events/events/index.html